

VISIONS PHYSICAL THERAPY

SPECIALIZED SERVICES



Trust us with Your Gut

Diagnosis

- *Bowel frequency, urgency, retention, and/or incomplete emptying*
- *Diarrhea*
- *Constipation*
- *Rectal and/or abdominal pain, pressure, or spasm*
- *Difficulty with initiation; and/or incontinence*
- *Irritable bowel syndrome (IBS)*
- *Irritable bowel disease (IBD)*
- *Rectal prolapse*
- *Hemorrhoid pain*

Treatment

- *Pelvic floor exercises*
- *Core Strengthening*
- *Manual therapy and/or massage*
- *Relaxation techniques*
- *Postural education and functional training*
- *Toileting techniques*
- *Electrical stimulation*
- *Ultrasound*
- *Biofeedback*
- *Bowel diary*
- *Diet and education*
- *Home exercise program*

Four Convenient Locations

FLOWOOD CLINIC
2475 Lakeland Dr. Suite A
Flowood, MS 39232
Phone: (601) 664-1022

JACKSON CLINIC
4700 Robinson Rd Suite 650
Jackson, MS 39204
Phone: (601) 923-9823

CANTON CLINIC
908 E. Peace Street
Canton, MS 39046
Phone: (601) 859-1707

YAZOO CLINIC
1212 Jerry Clower Blvd
Yazoo, MS 39194
Phone: (662) 528-4964

