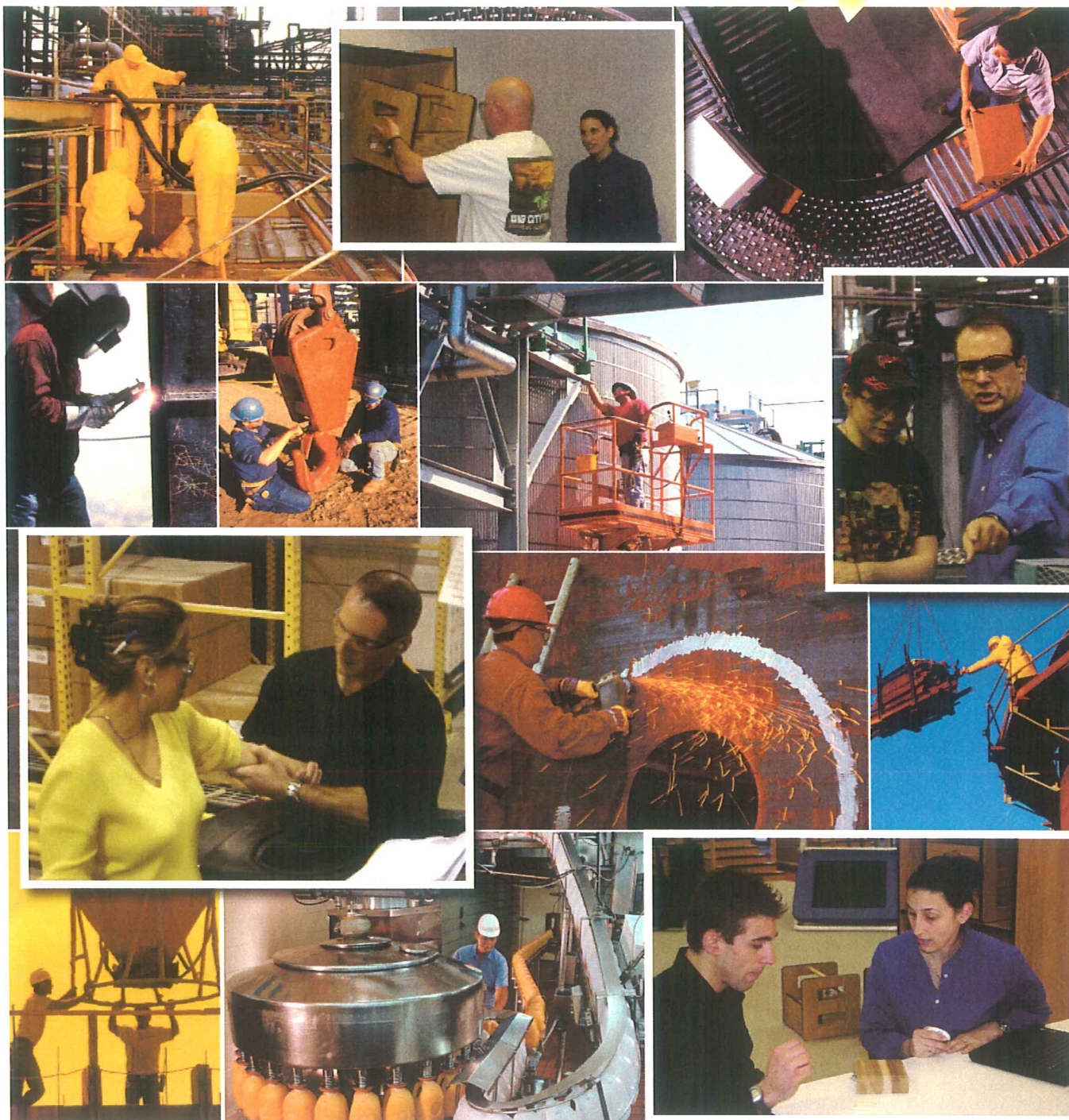
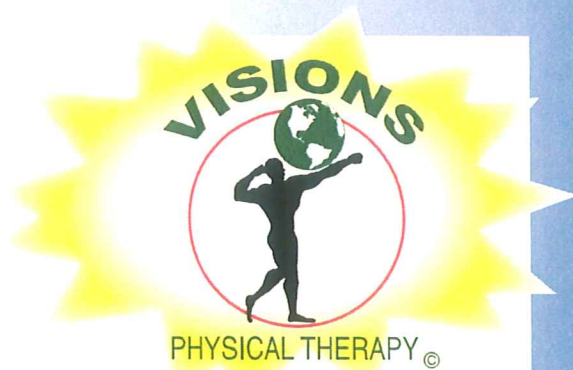


# VISIONS

## PHYSICAL THERAPY



Industrial Assessments and Rehabilitation

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**Visions Physical Therapy** is a team of licensed professionals who provide internationally recognized workers' compensation cost reduction services. These industrial assessment and rehabilitation services both prevent work related injuries, expeditiously return injured workers to their previous job, and reduce the cost of claims.

**The following services are tailored to each organizations needs:**

### **On-Site Physical Therapy and Rehabilitation**

*One in 3 workers' comp dollars pays for Musculoskeletal Disorders (MSD's)*

- Employee treated on-site within 24 hours
- Customized services that exceed expectations and organizational goals
- Employees return to work faster with on-site rehab
- Discounted fee for service with on-site rehabilitation

### **On-site Injury Prevention**

*Decrease workers' comp cost by as much as 75%*

- Reduce OSHA recordable and lost time injuries
- Instant ergonomic changes reduces injuries
- OSHA approved program that will mitigate fines
- Increases employee productivity and satisfaction

### **Pre-Placement / Employment Testing**

*Hire the right person for the job*

- Cost effective solution to reduce your company's injury cost
- Reduces future workers' compensation claims
- Provides objective data on a clients ability to tolerate the essential physical demands
- ADA and EEOC compliant

### **Ergonomic Consultation**

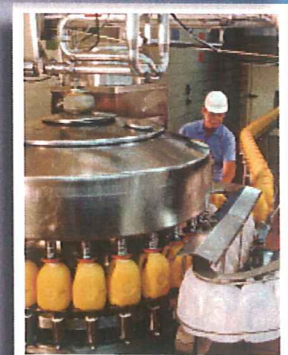
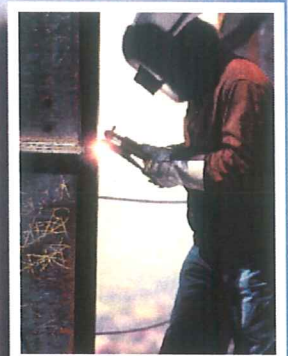
*Each year 2 million workers suffer from Musculoskeletal Disorders*

- Consultants have have further education in ergonomics
- Identify risk factors that lead to injuries minimizing claims and costs
- Strategies developed to increase productivity and reduce injuries
- Assists in determining if a musculoskeletal disorder is work related

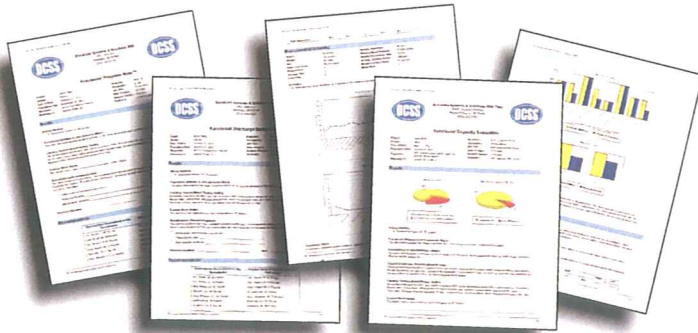
### **Training and Education**

*Changing behavior through education*

- Graduate level educators
- Reduces recordable injuries
- Upper extremity injury prevention, lifting training, back safety
- Comprehensive ergonomics training for safety teams







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## Industrial rehab reports

### Functional Capacity Evaluation

*Up to 33% faster return-to-work*

- Report completed within 15 minutes of the evaluation
- Assists physicians with sound return to work decisions
- Determine objective baseline data for disability
- Establishes the highest level of validity on the market

### Functional Progress Note™ / Functional Discharge Summary™

*Comprehensive documentation of functional progress*

- Functional documentation of return to work abilities
- Web based evaluation e-mailed to customers same day
- Outlines physical demand levels required for full duty work
- Reduces return to work re-injury

### Job Demands Analysis

*The cornerstone of return to work*

- Comprehensive analysis of return to work physical demands
- Analysis and digital video provided within 48 hours
- Establishes objective return to work goals
- Identifies light duty availability for return to work

### Work Hardening/Conditioning

*Repeat MSD's cost private industry \$10 billion a year*

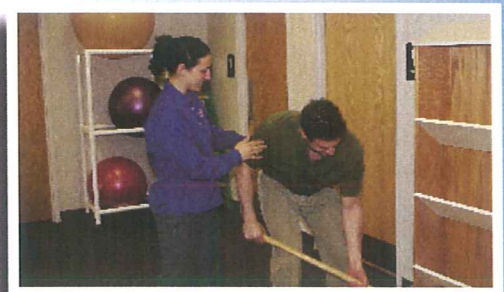
- All inclusive functional return to work program
- Focuses on rehabilitating return to work deficits
- Improved employee productivity at time of return
- 95% return to work rate following program



Functional testing



Job demands analysis



Work hardening / conditioning

*We are the single resource for your industrial rehabilitation and workers compensation injury cost reduction needs. Our industrial rehabilitation assessments are customized to meet the specific needs of your organization. Our injury cost reduction services help to reduce your OSHA recordables and minimize your workers' comp costs. We have been recognized as specialists in the treatment of the injured worker through our national accreditation from OccuCare Systems & Solutions.*



# Functional Capacity Evaluation

CONSISTENCY OF EFFORT

RELIABILITY OF PAIN

FUNCTIONAL ABILITIES



## Why you should utilize our FCE services?

- Clearly documented physical abilities
- Consistency of effort and reliability of pain documented in easy to read color pie charts
- Bar graphs compare each functional ability to the physical demand of the job
- High quality easy to read reports
- Most pertinent information is on the first page
- Immediate report generation
- Precise format to make efficient return to work decisions
- Assists in establishing PPD rating
- Standardized testing methodologies
- Proven and published testing protocols
- Established history of acceptance and defensibility
- Open format to use traditional protocols
- Create job specific testing methodologies

Functional Capacity Evaluations are valuable tools in assessing an employee's safe working abilities and/or establishing baseline abilities for disability evaluations.

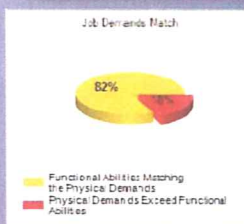
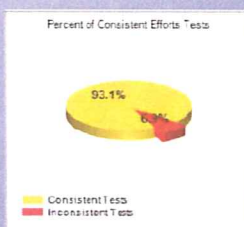
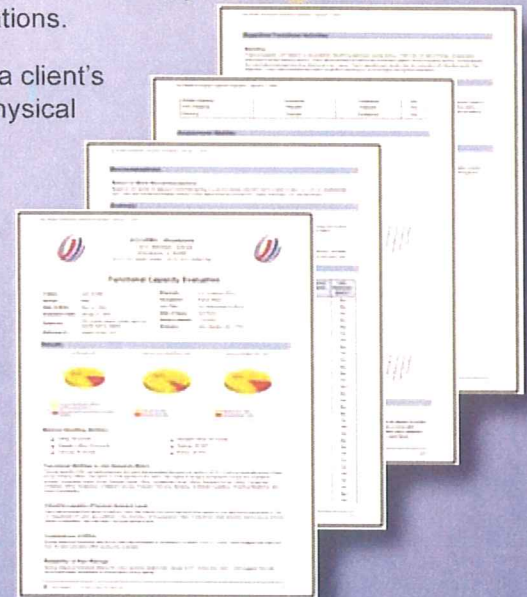
Our comprehensive FCE correlates a client's functional abilities to the essential physical demands of their job to determine whether they possess the physical abilities required to meet the demands of their job.

The FCE's primary purpose is to determine an individual's functional abilities and limitations in the context of a safe environment while focusing on productive work tasks.

Consistency of effort and reliability of pain ratings are important elements of our Functional Capacity Evaluation.

Thirty seven separate criteria throughout testing help to determine if a client is putting forth consistent effort and whether their subjective pain ratings are reliable.

The Functional Capacity Evaluation testing method we use has consistently stood up in a court of law.



## VISIONS

PHYSICAL THERAPY

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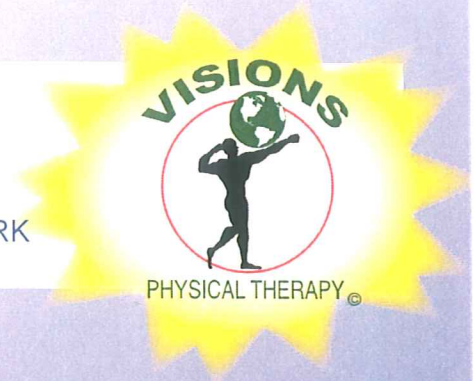
[www.visionspt.com](http://www.visionspt.com)

We are the single resource for your Functional Capacity Evaluation needs. Our industrial rehabilitation assessments are customized to meet the specific needs of your organization. We have been recognized as specialists in the treatment of the injured worker through our national accreditation from OccuPro. We look forward to servicing your Functional Capacity Evaluation needs.



# Functional Discharge Summary™

FUNCTIONAL ABILITIES    PHYSICAL DEMANDS    RETURN TO WORK



## Why you should utilize our Functional Discharge Summary™?

- Percentage of physical demands the client can perform is clearly documented
- Comprehensive table compares each functional ability to the physical demands of the job
- High quality easy to read reports
- Returns injured worker to gainful employment as soon as possible
- Same day report generation with e-mail capability
- Return to work decisions can be made efficiently while reading the first page
- Comprehensive report for physicians and employers to make sound decisions
- Simple discharge summaries rarely focus on functional abilities
- Early, effective and safe return to work programming

This quick discharge evaluation provides the treating physician with objective functional evidence of a client's readiness for return to work. It outlines a client's specific return to work functional abilities and compares this directly to what that injury needs to do for full duty return to work.

Functional Discharge Summaries™ are performed at the anticipated completion of outpatient therapy and help to finalize the need for further treatment and/or rehabilitation.

Functional Discharge Summaries™ are being requested by physicians to help establish end of healing and return to work readiness. They have a significant appeal to physicians, employers and insurance carriers which includes:

- Performed during a normal treatment session
- Tests a client's injury specific/job specific return to work abilities
- Provides employers with their employees abilities upon return to work
- Provides case managers with documentation that assists in case closure
- Helps to establish end of healing
- Assists physicians when establishing PPD ratings
- Documents maximum medical improvement abilities
- Graphically shows a clients return to work readiness
- Decreases the likelihood of re-injury



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We are the single resource for your Functional Discharge Summary™ needs. Our industrial rehabilitation assessments are customized to meet the specific needs of your organization. We have been recognized as specialists in the treatment of the injured worker through our national accreditation from OccuPro, LLC.



# Functional Progress Note™

FUNCTIONAL ABILITIES    RETURN TO WORK    COST REDUCTION



## Why you should utilize our Functional Progress Notes™?

- Percentage of physical demands the client can perform is clearly documented
- Comprehensive table compares each functional ability to the physical demands of the job
- High quality easy to read reports
- Returns injured worker to gainful employment as soon as possible
- Focuses treatment on return to work limitations
- Same day report generation with e-mail capability
- Return to work decisions can be made efficiently while reading the first page
- Comprehensive report for physicians and employers to make sound decisions
- Simple progress notes rarely focus on functional abilities
- Early, effective and safe return to work programming

This injury specific and job specific evaluation replaces a traditional progress note and provides the treating physician with functional progress related specifically to the physical demands of their client's job.

Functional Progress Notes™ are used during the course of outpatient therapy to provide the treating physician and employer with real time return to work abilities while assisting the therapist in establishing return to work goals, treatment program, and functional rehabilitation tasks.

Functional Progress Notes™ are fast becoming an industry standard while nurse case managers rely on their information to make return to work predictions. Functional Progress Notes™ have many benefits with some of their benefits as follows:

- Performed during a normal treatment session
- Tests a client's injury specific/job specific functional abilities
- Ascertains a client's ability to return to work on modified or full duty
- Establishes whether the client is putting forth consistent effort
- Clearly documents functional progress during rehabilitation
- Helps to determine need for further rehabilitation or work hardening
- Documents the physical demands required for return to work



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# Work Hardening/Work Conditioning

RETURN TO WORK

REDUCE RE-INJURY

JOB SIMULATION



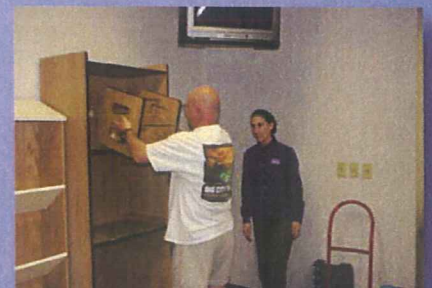
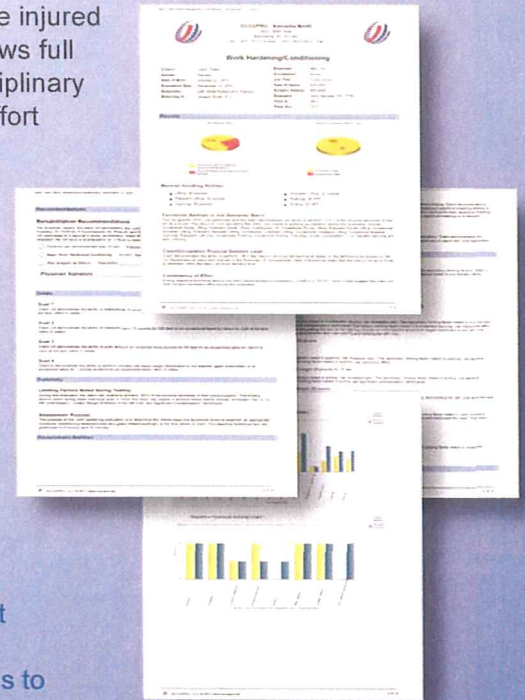
## Why you should utilize our Work Hardening and Conditioning services?

- Reduces costs by pro-active education to decrease re-injury
- Increases productivity through strength and endurance training
- Strengthens the injured employee to achieve their maximum physical potential
- Prepares them to safely perform the essential physical demands
- Employees learn and demonstrate proper body mechanics
- Improves overall health and fitness level of the employee

Work Hardening/Conditioning is designed to comprehensively rehabilitate the injured worker to a physical level that allows full duty return to work. Our multidisciplinary approach provides a solid team effort involving the treating physician, employer and the insurance representative to return the client to productive employment. Our primary goal is to return the injured worker to productive employment in a cost effective and efficient manner.

### Program **CONSISTS** of:

- Highly structured, goal oriented, individualized treatment program designed to promote a complete and cost effective recovery
- Real or work-simulated activities to restore physical, behavioral, and vocational functions
- Treatment sessions designed to restore an individual's strength, endurance, flexibility, coordination, and cardiopulmonary functions in order to return to the work force.
- Three to six hour treatment sessions five days per week until the client either reaches full duty return to work or maximum medical improvement



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